



January 2017

## Domestic Abuse

All factual information sourced from NSPCC - [www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/domestic-abuse/](http://www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/domestic-abuse/)

### **What is domestic abuse?**

Domestic abuse is any type of controlling, bullying, threatening or violent behaviour between people in a relationship. But it isn't just physical violence – domestic abuse includes emotional, physical, sexual, financial or psychological abuse.

Abusive behaviour can occur in any relationship. It can continue even after the relationship has ended. Both men and women can be abused or abusers.

Domestic abuse can seriously harm children and young people. Witnessing domestic abuse is child abuse, and teenagers can suffer domestic abuse in their relationships.

### **Things you may notice**

If you're worried that a child is being abused, watch out for any unusual behaviour...

*withdrawn suddenly behaves differently  
anxious clingy depressed aggressive  
problems sleeping eating disorders wets  
the bed soils clothes takes risks misses  
school changes in eating habits obsessive  
behaviour nightmares drugs alcohol self-  
harm thoughts about suicide*

Watch Alifie's Story:

[www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/domestic-abuse/signs-symptoms-effects/](http://www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/domestic-abuse/signs-symptoms-effects/)

### **What you can do**

Domestic abuse can seriously harm children and young people. If you're worried a child is affected by domestic abuse fill in a 'note of concern' and speak with a member of the safeguarding team. Similarly, if a child discloses to you an incident within the home, record this and speak with a member of the safeguarding team immediately.

### **Support in Stockport**

If you, or someone you know, is being affected by domestic abuse contact *Stockport Without Abuse* on: **0161 477 4271** or the national domestic abuse helpline on: **0808 2000 247**

**For more information and advice about domestic abuse or any safeguarding issue go to: [www.safeguardingchildreninstockport.org.uk](http://www.safeguardingchildreninstockport.org.uk) OR [www.greatermanchesterscb.proceduresonline.com](http://www.greatermanchesterscb.proceduresonline.com)**